Rock pooling is a brilliant way to **Explore Your Shore** not just today but any time of year. Anyone can do it and you don’t even need to get your toes wet! With a good seashore guide and a small bucket, you can take your Wild Child on a free Rocky Shore Safari!

**SPECIES CHECK LIST**

Every time you find one of these species, check it off the list below. How many can you find?

- **Beach Anemone**
- **Bladder Wrack**
- **Blue-rayed Limpet**
- **Brown Crab**
- **Channelled Wrack**
- **Common Limpet**
- **Common Prawn**
- **Common Starfish**
- **Dog Whelk**
- **Edible Periwinkle**
- **Egg Wrack**
- **Flat Periwinkle**
- **Hermits’ Crab**
- **Painted Topshell**
- **Sea Hare**
- **Serrated Wrack**
- **Shanny**
- **Shore Crab**
- **Snakelocks Anemone**
- **Thongweed**

**Recording our Coastal Biodiversity**

Help the [National Biodiversity Data Centre](https://www.nbdc.ie) to collect records of our coastal plants and animals. Snap a photo of the animals and plants you see during your Rocky Shore Safari, identify them using one of the many online guides available, and submit them to us online at [www.1exploreyourshore.ie](http://www.1exploreyourshore.ie).

**Seashore Code: Be Safe**

- Check the weather and the tides before heading for the shore. Ideally, aim to be on the shore 1-2 hours before low water and be leaving the shore as the tide turns. Tide tables are widely available and there are many phone apps to assist you.
- Tell someone where you are going and when you expect to be back.
- Dress for the weather: whether it needs to be sunhat and suntan lotion or windcheater and warm jumper.
- Wear sturdy shoes or boots as the shore will be uneven and slippery, with sharp shells.
- Stay away from deep water and from the base of cliffs; if falling rocks can be a hazard.
- Bring a fully charged mobile phone with you. Beware of getting trapped by the incoming tide and if you need help or rescue call 999 or 112 and ask for the Coast Guard.